## April CELEBRATIONS AND MILESTONES

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### APRIL RECAP — A MONTH OF CELEBRATION & MILESTONES

Hey faithful followers, as we reflect on a month filled with joy, milestones, and special moments. We hope you all had a soft landing into April, and that it's been a month of warmth and togetherness for you.



#### THE REASON FOR THE SEASON

#### Cross = Love.

April wouldn't be complete without Easter! A time for reflection, gratitude, and celebration. Whether you spent it with family, at church or simply enjoying the long weekend, we hope it was meaningful in every way.

#### **Family First**

This month was extra special for us! We celebrated two huge family milestones —our younger sister's graduation (proud moment!) and our grandmothers incredible 80th birthday. These moments reminded us of the importance of family, love, and cherishing every memory together. We also caught a live soccer match with our friends earlier this month. Its always so much fun being at the Stadium watching the boy's play.

On the travel front, work took us to Durban. We are working on an exciting campaign for winter that is focused on physical and mental wellness. We are so excited about this project, because we understand how important it is to take care of ourselves and gently remind ourselves that we matter.

New Years resolutions aren't only reserved for the 1st of January, it's okay to restart your wellness journey even in the middle of the year.



### CHEF'S CORNER SPOTLIGHT

This month, we honoured two incredible young chefs — Zoë and Ma'sooda - in our Chef's Corner' series. Their passion and fun insights made this feature extra special. If you missed it, be sure to check out the full interviews on our instagram page.

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South Africa really loves April. With so many public holidays, its easily one of our favourite months. Whether you used the time to unwind or embark on new adventures, we hope it was one to remember.

Thank you for being part of this journey with us. Here's to a beautiful May ahead. With love, The Twins.

# **FOOD STORIES** Our favourite recipes, with love from the twins

## Tebo and Lebo Ndala

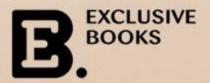


In Food Stories, Tebo and Lebo Ndala share quick and easy meals, while making you laugh. Join them as they go back to their roots with recipes for tripe, chakalaka and chicken feet and learn about their family feast called Seven Colour Sunday. See how they give an African twist to American dishes, like corn bread, corn dogs and corn burgers, tour to Thailand and enjoy coconut and pineapple fried rice with steamed chicken in banana leaves, experience traditional recipes with a twist when you sit down for spinach and agushi curry with baked jollof rice, and so many other recipes.

You can buy the book on www.loot.co.za or any of these book stores:











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