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WELCOME TO THE MONTH OF LOVE & FLAVOUR



LOVE AND FLAVOUR

We are two months into 2025. Hope you're still feeling hopeful about this year. Here's a sweet little recap and what's next. February, the month of love, has been nothing short of amazing. We hope you've been surrounded by great company and of course, delicious food. This Valentine's Day, we had the pleasure of working on a special ClemenGold campaign, bringing your citrus-infused flavors perfect for celebrating love in every bite.

If you haven't seen it yet, head over to our Instagram page [@withlovefromthetwins](#) and check it out — we'd love to hear what you think! Beyond that, we've been busy in the kitchen crafting beautiful new recipes that we can't wait to share with you soon. We have fresh and exciting recipes coming your way. Trust us, they're worth the wait! Keep your eyes open for some incredible content and work coming up soon.



Keep your eyes open for some incredible content and work coming up soon. February is always an exciting sport-filled month for us. We had Super Bowl Sunday, NBA All Star weekend, and our local beltway premiership games and Nedbank Cup competition games. February is definitely for sport lovers.

Speaking about sport, Taking care of your body isn't just about the workout—it's about what happens after, too! Sports nutrition, hydration, and rest are the real MVPs when it comes to feeling strong and energized.

Whether it's a post-workout smoothie, a hydration boost, or just making sure we listen to our bodies, we're all about that balanced approach. Who else is getting their glow on from the inside out?

Thank you for being part of this journey. Wishing you all so much love, joy and, as always, amazing flavours!

With love & good food,
Lebz & Tebs.

Laager x With love from twins
2025

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