

[www.withlovefromthetwins.com](http://www.withlovefromthetwins.com)

SEPTEMBER MOMENTS  
HAPPY HERITAGE MONTH







The sunny weather came to the party right of the bat. Spring has officially sprung. We did our seasonal wardrobe switch, because we were starting to look a little crazy with our boots and long sleeves on in the middle of spring.

Its incredible how the weather just switched over night, we went from heaters to fans real quick. But we are enjoying the adjustment, every season is to be embraced, and we are soooo ready for longer days and warmer evenings.


Speaking of warm evenings, we attended our first live game of the season at the Lucas Masterpieces Moripe Stadium in Pretoria. It was a beautiful night game between Mamelodi Sundowns and Swaziland, and you already know our boys were walking on water. What a way to start off the season.

We've officially kicked off CAF, AFCON Morocco 25 Qualifiers, and the Betway Premiership is back.

Soccer is back, back!!!!

It's going to be an exciting season, we'll keep you updated. Uhhmm... forget what we said about the warm weather in the first two paragraphs, winter came back with a vengeance. Just when we thought it was crop top season, the cold front decided to make an unexpected u-turn.





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It snowed in the province of KZN, the blankets and jackets made their way out again. The confusion we experienced as a nation. Anyways...September is heritage month. We love celebrating our heritage through our different food and beautifully patterned clothing. South Africa really comes alive when we display the spirit of Ubuntu.

We've always associated the month of September with new beginnings. We hope this month felt like a fresh start, with so much newness and good things headed your way.

As the days get longer, and the evenings get warmer, lets make the best of whats to come. We enjoyed a lot of family time, game nights, potjie Kos and lots of belly laughs.

We also got invited to the Hauté Carbrière Heritage 30 Reserve launch at Marble Restaurant in Rosebank. What a treat that was. We had a beautiful food and wine tastings while watching the beautiful Joburg sunset. Let the birthday celebrations begin.

Our recipe for this month is a South African classic.

Our ROOIBOS BANANA BREAD.

Recipe is up on [www.joekels.co.za](http://www.joekels.co.za)

Happy Baking.






ROOIBOS BANANA  
BREAD.

ORIGINAL TASTE  
since 1945  
**Laager**  
Pure Rooibos  
40  
TEABAGS



Two young Black women with their hair in buns, wearing black chef uniforms, are smiling warmly at the camera. They are standing in front of a light-colored wall with a framed floral painting. The image has a dark overlay at the bottom containing contact information.

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